

Prüfungstechniken - 2. Dan

9.-16. Form		Iriminage	evtl. auch Kotegaeshi/Shihonage
Katate-ryotedori		Iriminage/Kotegaeshi (versch.)	
Katate-ryotedori		Shihonage omote waza	
Ryotedori		Iriminage/Kotegaeshi (versch.)	
Ryotedori		Shihonage omote + ura waza	
Ryotedori		Kaitennage (versch.)	
Ryotedori		Tenchinage omote + ura waza	
Ryokatadori		Technik frei	
Ushiro-ryotedori		Shihonage omote + ura waza	
Ushiro-ryotedori		Kotegaeshi (versch.)	
Ushiro-ryotedori		Kaitennage (versch.)	
9., 10. u. 13. Form		Ikkyo omote + ura waza	
9., 10. u. 13. Form		Nikyo omote + ura waza	
9., 10. u. 13. Form		Sankyo omote + ura waza	
9., 10. u. 13. Form		Yonkyo omote + ura waza	
Gyakuhanmi-katatedori	Hanmihantachiwaza	Shihonage omote + ura waza	
Ushiro-ryokatadori	Hanmihantachiwaza	Kaitennage (versch.)	evtl.
Ushiro-ryokatadori	Hanmihantachiwaza	Sankyo	evtl.
2., 5. u. 6. Form	Hanmihantachiwaza	Technik frei	
Shomenuchi	Suwariwaza	Ikkyo omote + ura waza	auf Tempo
Shomenuchi	Suwariwaza	Technik frei	
Shomenuchi	Tachidori	Technik frei	
Tachi	Kimusubi-no-T achi		
Kumitachi	Nr. 1-6		
Ryokatadori	Randori	gegen drei Angreifer	